RHTP Doula Scholarship Training- Frequently Asked Questions

This document compiles questions and responses regarding the TIPQC RHTP Funds opportunity for doula training. Please reach out with any questions.

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1. **How long is the training?**
    a. Doula trainings can be from 20-50 hours. They can be all in-person over a weekend, a hybrid of online/in-person, and all online. Many require you to be present at specific times, read/view online videos, some have exams and many require you to complete some work as a doula to complete your certification.
2. **Will this training certify me?**
    a. No. Each training organization has different requirements for certification. Each organization requires you to complete additional learning/exams/experiences before you receive certification.
3. **Can I choose any training I want or only from your approved list?**
    a. We have an extensive list of regional/national/international doula training organizations you can choose from. We have detailed each one so you can understand them and choose the best fit for yourself.
4. **How long do I have to complete my doula certification?**
    a. We'd like you to complete your certification within 3 months from your start. We're here to help you reach your goals.
5. **How does a doula mentorship work?**
    a. Mentorship offers guidance and accountability with an experienced doula for those either on the path to certification or starting to work in the doula field after training. Mentorship provides the opportunity to (1) learn advance skills, (2) connect with other doulas in different stages of their careers, (3) discuss ways to approach home visits, (4) process any traumatic experience with someone who understands, (5) assist in obtaining better resources for your business, and (6) help launch or enhance your career as a doula. Mentorship can include video calls for answers to questions, goal setting, and an opportunity to talk through client cases.
6. **How long will I have access to my doula mentor?**
    a. Many mentorships will give you 6-12 months with a mentor.
7. **How often will I meet with my mentor?**
    a. Mentorship can include video calls for answers to questions, goal setting, and an opportunity to talk through client cases. They may also give you

access to your mentor during the week for questions. Depending on your needs you may have weekly to bi-weekly meetings/learning sessions. You many also have access to online learning through your mentor.

8. **Will I have access to a virtual doula training?**
    a. Yes, most doula training organizations have opportunities to learn remotely from your computer. Hands on experience is valuable and recommended/required with some trainings.
9. **Will I have access to a virtual mentor training?**
    a. Yes, many mentorship programs provide you with online learning opportunities, virtual meetings, calls and more.