

# Spinning Babies 2025



## Overview

TIPQC was delighted to offer 3 Spinning Babies courses to TN hospital teams, doulas and birth workers in September 2025, sponsored by the Tennessee Department of Health, Maternal Health Innovation grant. During the 8 hour, in-person workshops, attendees learned the different balancing techniques, labor positioning techniques, and physiology in order to address stalls in labor in order to further support TN moms and babies in labor & delivery.



## Key Impact Metrics

3

Total trainings

94

Nurses, doulas, and birth workers trained

28

Hospitals in attendance

12

Doula organizations in attendance

## As told by attendees:

“ The hands-on portions kept me engaged and gave me opportunities to learn the techniques. ”

“ I enjoyed everything about it. The trainer was wonderful! ”

