




Infant Safe Sleep

April Hanners, MPH

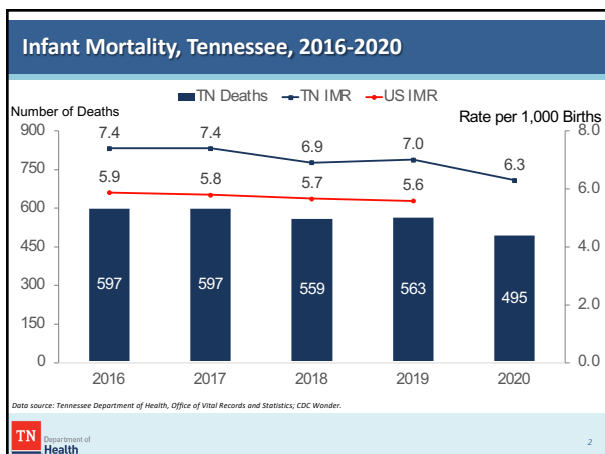
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What is....

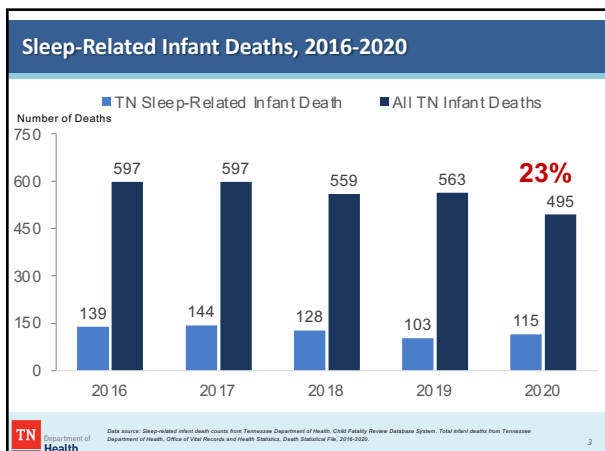
- **Infant mortality**- death of an infant before his or her first birthday
- **SUID**- any sudden and unexpected infant death
 - SIDS
 - suffocation
 - asphyxia
 - entrapment
 - infection
 - ingestions
 - metabolic diseases
 - arrhythmia-associated cardiac channelopathies
 - trauma (unintentional or nonaccidental)
- **Sleep-related infant death**- sudden unexpected infant death (SUID) that occurs during an observed or unobserved sleep period.



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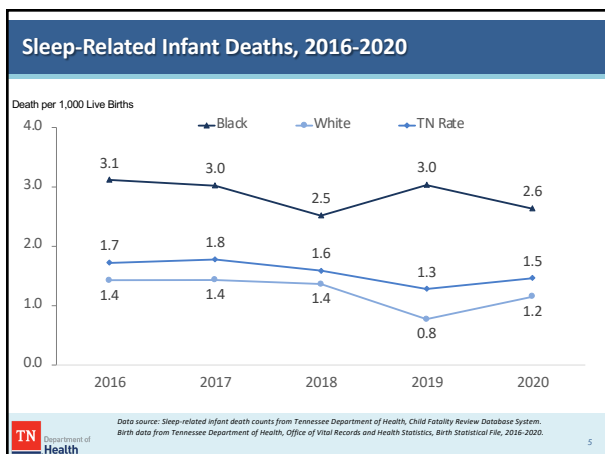
Risk Factors for Sleep-Related Infant Deaths

Sleep-related sudden unexpected infant death (SUID) is the leading cause of post-neonatal mortality in the United States.

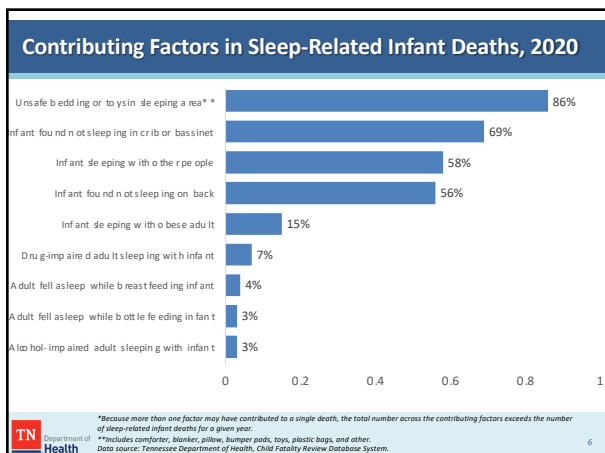
Babies should sleep Alone, on their Back, and in a Crib
safesleep.tn.gov

Data source: Sleep-related infant death counts from Tennessee Department of Health, Child Fatality Review Database System.

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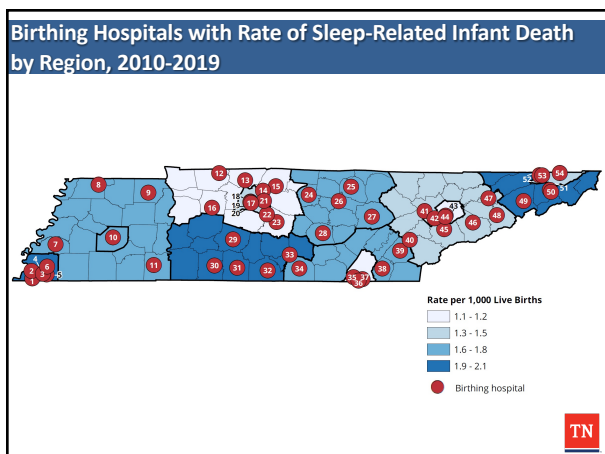
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Safe Sleep in Tennessee Hospitals, 2020

77,450 Births to TN Residents

- 54 Birthing facilities
- 27 Cribs for Kids Certified
 - 13 Gold
 - 8 Silver
 - 6 Bronze
- TIPQC Safe to Sleep project
 - 43% of TN Births
 - 7 Received BEST Award between 2017-2021
 - 8 Cribs for Kids Certification

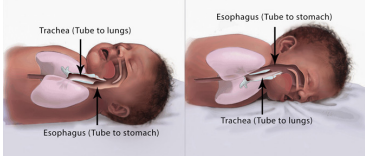

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AAP Recommendations for Providers




1. Endorse and model the infant safe sleep recommendations from birth, including in the hospital.
2. Actively educate families and caregivers on infant safe sleep.
3. Ask caregivers how they plan to put their baby to sleep, identify challenges, and help find solutions.
4. Continue to follow the latest AAP recommendations.

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Safe Sleep in Tennessee Hospitals, 2020

- Policy
- Best Award
- Cribs for Kids Certification
- Crib Audits
- "Sleep Baby Safe and Snug" books
- Crib Cards
- Educational flip Chart
- Safe Sleep materials
- TDH Partnership for portable cribs







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Hospitals- BEST Data-Safe Sleep



- Criteria
 - Safe Sleep Policy OR Cribs for Kids designation
 - Crib audits in 1st and 3rd quarter showing >10 or more cribs and ≥90% safe
- Findings 2019-2021
 - Average 4% increase from first to third quarters
 - Ranking of unsafe findings
 - Toys or other objects
 - Extra blankets
 - Not on back
 - Asleep with a sleeping caregiver
- Challenges
 - Families adding things to cribs
 - Staff turnover

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Safe Sleep Educational Resources

Safe sleep educational materials available in the following languages: Spanish, Arabic, Kurdish, Somali, Nepali, Burmese, Swahili

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Thank you!

Questions?

Contact information:
 April Hanners, MPH
April.Kincaid@tn.com

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