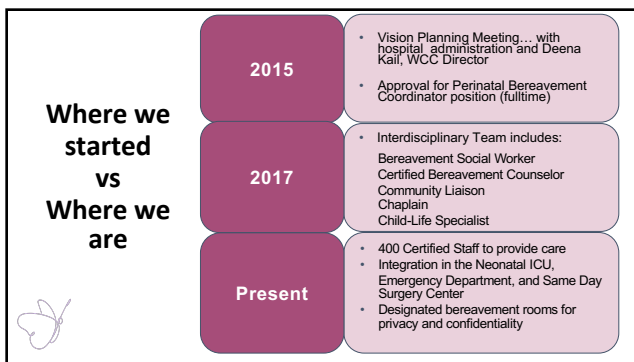




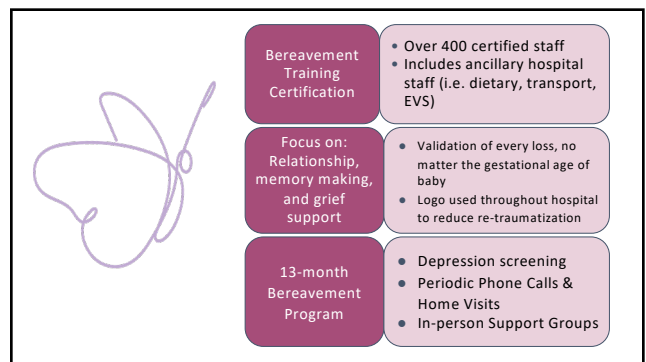
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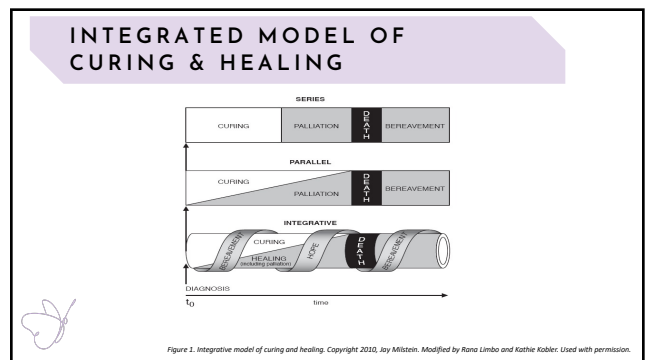
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4

- ### TYPES OF CONSULTS
- OB Clinic- Clinic visit with no FHT detected
  - MFM- Clinic visit with no FHT detected
  - MFM- Perinatal Hospice patient
  - Neonatal ICU- Neonatal Death
  - ED patient admitted to floor (>16 weeks)
  - ED patient (<16 weeks)
  - Outpatient & Same-Day Surgery (D&C's)
  - SIDS death

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**COMMUNICATION**

- Communication tool for all hospital staff
- Used in Women's & Children's
- Used in Emergency Department
- Identifying an "Emotional Emergency"

7


**MEMORY MAKING**



8

**FUNERAL PLANNING**

- Home Burial
- Respectful Hospital Cremation
- Cremation by a local funeral home
- Traditional Burial Service




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**FUNERAL PLANNING**






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10

**LEAVING THE HOSPITAL**

- Parents verbalizing, "How will I leave without my baby?"
- Separating from the baby's body
- Offering choices on how to leave hospital
- Saying goodbye to health care team members




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11

**BEREAVEMENT CARE**

- Monthly Mail-outs
- Topics related to grief
- Putting words to emotions
- Integrating grief into everyday life
- Bereavement Risk Assessment (Psychosocial & EPDS)

*(These evidence-based tools were designed to assist- not replace- clinical judgment)*

- Mental Health Issues
- Coping Skills (Positive & Negative)
- Concurrent Stressors
- Previous Bereavement Issues
- Support options




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### BEREAVEMENT CARE

- Understanding Grief
- Strong Emotions
- Going Back to Work After a Loss
- Coping
- Is There a Right Time?
- When Friends Aren't There
- Sleep
- Your Rights As You Grieve
- Four Tasks for Grief
- Four Things About Grief
- Special Days
- Grief: Where Do I Go From Here?





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### BEREAVEMENT CARE IN 4<sup>TH</sup> TRIMESTER

- Closer monitoring in postpartum phase
- Creating a "postpartum plan"
- Assessment of risk-factors
- Addressing Perinatal Mental Health needs
- Utilizing Mental Health providers in after-care





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### BEREAVEMENT CARE IN 4<sup>TH</sup> TRIMESTER

- 1 in 5 women will experience some form of Perinatal Mood and Anxiety Disorder (PMAD)
- Lower income women have an increased chance of postpartum depression by 60%
- Up to 11% of first-time moms experience some form of PMAD
- Most common complication of pregnancy, yet often misdiagnosed or underdiagnosed.
- Appx. 10% of new dads experience some form of PMAD, as well  
Journal of Advanced Nursing, 2004;43(1):24-35 doi: 10.1046/j.1365-3448.2003.02857.x





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### Risk factors for mental health complications

- having a prior history of loss
- having a prior history of trauma
- having a prior history of mental health issues
- having a family history of mental health issues
- lacking a network of support




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### What People Think Causes Depression:

- Weakness
- Laziness
- An inability to "suck it up"

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### What Actually Causes Depression:

• Trauma	• Overworking	• Lifestyle factors
• Abuse	• Excess Stress	• Body image issues
• Neglect	• Being "the caregiver"	• Perfectionism
• Bullying	• Genetic factors	• Lack of social support
• Chemical Imbalance	• Lack of fulfillment	• Low self-esteem
• Grief & Loss		




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Retrieved from The Real Depression Project

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